

## Post-Operative Instructions

Congratulations on helping your pet live a healthy, happier life by getting spayed or neutered today!

- **KEEP PET INDOORS AFTER SURGERY.** This will help you carefully watch them tonight to make sure they do not have any problems related to the surgery. Stray or feral cats should be kept in their carrier overnight; check that the cat is fully recovered before releasing it.
- **ALLOW REST.** Your pet may be groggy when you get home, experiencing a "hang-over" from the anesthesia. **Your pet will typically require up to 24 hours to recover from the general anesthesia.** Most animals will be back to normal when the anesthesia leaves their system entirely.
- **LIMIT FOOD and WATER.** Sometime anesthesia can cause nausea. To minimize stomach problems or vomiting, limit food after surgery. **Feed 1/2 the amount of food you normally offer your pet.** If your pet is not eating by the next day, please call 619 507-3907. Puppies and kittens under 3 months should be provided the 1/4 portion every 2 hours and resume regular eating the next day.
- **CHECK SURGERY SITE/E-COLLARS.** You should check the surgery site (incision) **at LEAST TWICE A DAY** until healed. A small amount of bloody discharge or swelling is normal immediately after surgery. If you notice any continued discharge, redness or swelling, contact SNAP at 619 507-3907. Please note: DO NOT wait several day to call regarding concerns. If your pet was sent home with an e-collar or you purchased one, it is important to **leave the e-collar on for AT LEAST 7 days for males and 10 days for females.**
- **KEEP SURGERY SITE CLEAN and DRY.** No bathing or swimming! **Do not allow the incision to get wet for at least 14 days after surgery.** If the incision becomes dirty, gently clean the area with warm water.
- **LIMIT ACTIVITY FOR THE NEXT FEW DAYS.** **Do NOT allowing running, jumping or rough play.** Short walks on a leash only.
- **KEEP ADULT MALES AND FEMALES SEPARATE FOR ONE WEEK AFTER SURGERY.** Male dogs can still impregnate females for a short period of time after surgery. Females can NOT get pregnant, but can incur serious injury from mounting by males after surgery.
- **NO ASPIRIN, TYLENOL, OR OTHER PAIN RELIEF MEDICATION!** **DO NOT give any Aspirin or Tylenol to dogs or cats** for pain relief unless PRESCRIBED BY A VETERINARIAN. Tylenol is toxic to animals and aspirin can be deadly if given after surgery.
- **NO SUTURES TO BE REMOVED.** You will NOT need to return for suture removal. While internal sutures are holding the incision closed the external incision is closed with skin glue. This glue can be removed if it gets wet or an animal licks it off. These sutures are absorbable and usually dissolve within 6-12 months.

## QUESTIONS ABOUT THE SURGERY?

- **PLEASE CALL 619 507-3907.** Please speak clearly and slowly, leave your name, your pet's name, the nature of your call, the date and location of the surgery and a phone number. This is NOT a 24 hour EMERGENCY phone line. If you have an actual emergency please contact your veterinarian and/or your nearest Emergency facility. Please contact SNAP after your emergency has been resolved. Any other questions, concerns or suggestions you may email [info@snap-sandiego.org](mailto:info@snap-sandiego.org) or the director at [Dorell@snap-sandiego.org](mailto:Dorell@snap-sandiego.org).

*DISCLOSURE: SNAP is NOT responsible for post-operative issues. We will always be happy to provide no charge recheck exams, when there are clinics in session. Additional medications may be your responsibility. Any negligence to follow these instructions will not be covered.*

## **Proyecto de esterilizacion**

Instrucciones despues de la cirugia

Felicidades por ayudor a su mascota a vivir una vida mas sana y feliz esterilizar!!Estos sencillos pasos disminuiran el riesgo de complicaciones despues de la cirugia

### **• Mantenga su mascota dentro del hogar**

Perros y gatos deben ser mantenidos en un lugar en el cual puedan ser supervisados y si asegurar que ne tengan problemas relacionados con la cirugia. Gatos abandonados y slavajes deben manenerse en su jaula hasta el dia siguiente despues de asegurarse que asten totalmente recuperados.

### **• Limit el agua y la comida**

La anestesia puede causar nausea. Para evitar vomito u otros problemas estomacales, solo ofresca la mitad de su porcion de comida y agua. Si su mascota no quiere comer el segundo dia marque 619.507.3907. Mascotas menores de 3 meses ofresca 1/4 de alimento y agua cada 2 horas el primer dia.

### **• Revise la incision**

debe revisar la incision un minimo de DOS VECES al dia. Un poco de sangre o inflamaciones normal despues de la cirugia. Si esto continua contacte SNAP 610.507.3907. NO ESPERE VARIOS DIAS para llamar si tiene dudas. El E-collar deve ser usado por machos un minimo de 7 dias hembras 10 dias.

### **• Mantenga incision limpia y seca**

No Bano o nadar. No permita que la incision se moje por lo menos durante los primeros 14 dias. Si la incision esta sucia limpiela suavemente con agua tibia y asegurese que seque totalmente.

### **• Mantenga los niveles de actividad al minimo**

Mantenga actividal al minimo alrededor de una semana. No permita corer, saltar o cualquier juego brusco. Caminatas cortas con correa para sacar a su mascota al bano son permitidas.

### **• Mantenga hambras y machos adultos separados**

Machos pueden preñar a las hembras por un corto tiempo despues de cirugia. Hembras no pueden preñarse, pero pueden sufrir heridas por la monta del macho despues de la cirugia.

### **• NO Aspirina, Tylenlo o cualquier otro analgesico**

No le de Aspirina o Tylenol a su mascota. Tylenol es toxico para mascotas y Aspirina pude causar complicaciones y hasta muerte despues de cirujia.

### **• No hay suturas que remover!**

No hay tiene que volver para remover suturas. Las suturas son internas y disolvibles y la incision superficial esta cerrada con un pegamento para piel.

### **• Preguntas hacerca de la cirujia**

llamar al 619.507.3907 hable despacio y claro deje su nombre, el nombre de su mascota, el porque de su llamada, la fecha, el lugar de la cirujia y su telefono.

**SNAP NO es responsable por problemas despues de la cirujia. Estamos disponibles paraexaminar a su mascota despues de cirujia sin cargo cuando las clinicas esten abiertas. Negligencia al segir estas instrucciones no estaran cubiertas.**